



## BENEFITS;

- Increase in self-confidence and self-esteem
- Mental Health and Well-being
- Communication
- Teamwork
- Social Skills
- Physical Health
- Practical Skills

2 Hour Session

£75 per person\*

\* Bursary spaces subject to availability

## BOOKING & ENQUIRIES

E. [info@sironaequine.org.uk](mailto:info@sironaequine.org.uk)

Buckhams Stables Dartington Hall  
Totnes Devon, TQ9 6EB

T. 01803 868779

[www.sironaequine.org.uk](http://www.sironaequine.org.uk)

Charity no: 1169709

# HORSE WORKS

## FOR YOUNG PEOPLE

## AGE 14-25 YEARS

**Preparing for the future and gaining skills for employment.**

Small group equine and animal care sessions for young people to gain life skills and experience of team work in a small, safe and friendly setting. Activities include; feeding the animals, cleaning the stables, field maintenance, pony walks and fun!

